

**May 21, 2018**

# Our Savior Lutheran School News



## It's All About Jesus

Jesus Christ is the same  
yesterday and today  
and forever  
Hebrews 13:8

2017-18 School Theme

### Dates to Remember

**MEMORIAL DAY- MONDAY, MAY 28 — NO SCHOOL  
NO EXTENSION OR EXTENDED CARE**

**FRIDAY, JUNE 1ST  
HALF DAY OF SCHOOL DK-8  
DISMISS 11:45AM  
FIELD DAY IN THE MORNING**

**FRIDAY, JUNE 1ST  
PRE-K AM & PM IN SESSION  
EXTENSION OPEN**

### NEWS FROM PRINCIPAL COUSER

#### Our Savior Lutheran School 2018 Parent Survey

Each year we ask our school families to complete a parent survey to help us in providing a quality Christian education for our children. The survey may be accessed by copying and pasting the attached link into your browser. Your help and feedback is greatly appreciated. Thank you! The survey link is:

<https://www.surveymonkey.com/r/oursavior2018>

#### Students Experience Outdoor Education



### MAY

- 21 3rd Grade Field Trip
- 21-23 8th Grade Class trip
- 22-23 6th & 7th grade Outdoor Ed
- 23 Chapel 8:30am-Kindergarten  
Early Childhood Field Trip to Impression 5
- 27 Worship 8 & 10:45am
- 28 Memorial Day  
No School  
No Extension or Extended Care
- 29 Preschool Showcase 6:15-7pm  
2nd grade State Fair Day
- 30 Chapel 8:30am  
Instrumental Concert Grades 4-8  
7pm
- 31 Jr. Honor Roll Track Meet  
Pre-K portfolio night 6:30-7pm  
Grand Ledge Madrigal Choir 2:15pm

### JUNE

- 1 **Half Day DK-8  
Dismiss 11:45am**  
Teacher Records Day  
Field Day DK-8  
Pre-K AM & PM in session  
Extension available
- 2 State Track Meet
- 3 Worship 8 & 10:45am
- 4 **Last Day of PreKindergarten**
- 5 **Last Day of Preschool**  
Grade 5 Field Trip
- 6 **Last day of school DK-8**  
**Half Day**-Awards Assembly 8:30am  
Dismiss after 10:00am chapel service



#### Sixth Grade Chapel Reporting on the Good News!



#### Principal for a Day

Friday, Claire Haviland spent the day with Principal Couser, learning the duties of being principal of Our Savior. She also served as host to visitors from Delta Township Library who came to share their Summer Reading Program with us.



**Thank you** to all the Our Savior families who supported our school by participating in

the Chick-fil-A Our Savior Lutheran Spirit Night. Also a special thank you to our OSL PTL for arranging this fundraiser to help our school.



**FIELD DAY VOLUNTEERS NEEDED-  
Friday, June 1st**

Our annual Field Day will be Friday, June 1st in the morning beginning around 9:30am. Any parents interested in helping teachers with the games and activities, please let Deb know in the school office. This is always a fun-filled time

for all of our students in grades K-8.

**MRS. WENDY GREVE  
RETIREMENT LUNCHEON**



The retirement of Mrs. Wendy Greve, our middle school teacher and assistant principal, will be celebrated on Sunday, June 3rd. There will be a luncheon following the late service at 12:30pm. Tickets are available for purchase between services on Sunday mornings or in the school office during the week. Adults: \$10, Children ages 10 and under: \$5. The menu for adults includes chicken salad croissants, fresh fruit, tossed salad, dessert, iced tea, lemonade and coffee. The menu for children includes chicken nuggets, fresh fruit, veggies and dip, dessert and lemonade.

**MAKE A SPLASH AT SHIPWRECKED  
VBS THIS SUMMER!!**



Venture to an uncharted island where kids discover the truth that Jesus carries them through life's storms. Please join us for VBS this summer, June 18-21, from 6:30pm-8:00pm. Registration online coming soon. For more information call 517-882-8665.

**INSTRUMENTAL CONCERT  
WEDNESDAY, MAY 30**

Our Savior Lutheran students in grades 4-8 will have their Instrumental Concert for recorders, band, handbells and chimes on Wednesday, May 30th at 7pm. Invite your family, friends and neighbors to come and enjoy our concert.



**SUMMER BASKETBALL CAMP**

Monday, July 23 to Thursday, July 26, 5pm-8pm. This awesome camp is run by OSL alumni coaches and student athletes. The cost is \$55 per camper, but if you return the registration form and payment by June 1st, the early bird rate is \$45 per camper. Cost includes a camp t-shirt and beverages. All boys and girls entering 2nd grade to 8th grade in the fall of 2018 are eligible to attend. Registration and medical release forms are available outside of the school office. Questions: call Bill Burmeister at 517-898-3446.



**2018  
School Music Performance Schedule**

May 30	Wednesday, 7pm	Gr. 4-8 School Instrumental Concert
June 3	Sunday, 8am Sunday, 10:45am	All School Choir All School Choir

**2018 MESSAGE OF HOPE  
GOLF OUTING- June 22, 2018**

Join us for a great day that includes: 18 holes with a cart, lunch, awards & raffles! Reserve your spot today! Cost is \$125 per golfer on or before April 15th (\$150 per golfer after April 15th). Check in at 11:30am, Lunch at 12pm and Tee-off at 1pm. Registration forms can be found in the church lobby or register online at [Oursaviorlansing.org/golf](http://Oursaviorlansing.org/golf). For questions, contact the church office.



**11 PROVEN WAYS TO GET KIDS TO EAT MORE VEGETABLES**

**4. ENFORCE THE "ONE BITE RULE"**

Research consistently shows that children who have initially rejected a food must be exposed to it at least 8-10 times for the food to be accepted. Many parents have had success with the "one bite rule", requiring the child to try at least one solid mouthful of a rejected food whenever it is served. After enough exposures the food will be more familiar to the child and usually they begin to rate it more favorably.

**5. DON'T FORCE THEM TO FINISH**

One bite is different from finishing your plate. One of the biggest misconceptions among parents is that forcing their child to eat a food she doesn't like will get her to change her behavior. However fighting and punishments create a negative meal experience, and the child will learn to associate food with the bad feelings. Negative food experiences have the opposite of the desired effect and actually increase picky eating tendencies. Require one bite, but try not to start a fight.

**6. REWARD GOOD BEHAVIOR**

On the other side of the coin, creating positive food experiences can decrease picky eating tendencies. Research has shown that rewarding a child for trying one bite of a rejected food with things like stickers, makes it easier for them to try the food. They are also more likely to rate the food positively in the future.

**7. UNDERSTAND THEIR VALUES**

Children don't see the world as adults do, and as a result they have very different values. They could care less about health- most kids think they are invincible. On the other hand, most children feel limited by their size and wish to be bigger and stronger. Explaining that broccoli "helps you grow" is therefore more effective than "It's healthy" or "because I said so"

**Our Savior Lutheran Mission Statement: LEARN, LIVE, And SHARE CHRIST!**

School Mission Strategies: The ministry of Our Savior Lutheran School is to share Christ by teaching the Christian faith, promoting academic excellence, and developing leadership skills for a life of Christian witness.