



Our Savior Lutheran PS-8

September/October 2018

Lunch Menu



\$3.00 Student Lunch • \$4.00 Adult Lunch • \$.65 ala carte milk

A full student lunch includes an entree supplying protein and grain, choice of vegetables, choice of fruit and milk. Milk choices include fat free white and fat free chocolate. * Trail Mix includes raisins, granola, chocolate chips & chow mein noodles. *Wg.=Whole Grain*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
24 Cinnamon Toast Crunch Cereal Yogurt Carrot & Celery Sticks Mini Bagel w/Jam Orange Slices	25 Grilled Cheese Sandwich Tomato Soup Broccoli & Cucumber Chips Goldfish Crackers Apple Slices	26 Sloppy Joes Choice of Potato Chips Dill Pickles Grape Tomatoes Peaches	27 Chicken Drumsticks Mashed Potatoes Peas Grapes Dinner Roll	28 Ham & Cheese on Bun Sun Chips Pepper Sticks Chocolate Pudding Banana
1 Chicken Patty on Bun Blend of Sweet & White French Fries Carrot Sticks Watermelon	2 Cheese Pizza Corn Grape Tomatoes Apple Slices Trail Mix	3 Breaded Mozzarella Cheese Sticks Spaghetti O's Broccoli & Cauliflower Orange Slices	4 Beef & Cheese Nachos Refried Beans Mexican Rice Celery Sticks Peaches Pretzel Bits	5 Make Your Own Salad!! Fresh Fruit Soup Dinner Roll
8 Cheeseburger Blend of Baked Sweet & White French Fries Carrot & Cucumber Chips Dill Pickles Banana	9 Pasta Bar w/Alfredo & Marinara Sauce Cauliflower & Celery Sticks Green Beans Orange Slices Garlic Bread Sticks	10 Baked Potato w/Cheddar Cheese & Sour Cream Homemade Tuna Salad w/Saltines Cooked Broccoli Pineapple *Bonus* Cinnamon Roll	11 Chicken Pot Pie Romaine & Carrot Salad Grapes Chex Mix	12 Cheese Filled (Bosco) Bread Sticks w/Pizza Dipping Sauce Potato Soup Pepper Sticks & Pea Pods Apple Slices Trail Mix
15 Pancakes Smokie Links Applesauce Sweet Potato Puffs Orange Juice Trail Mix	16 Macaroni & Cheese Green Beans Fresh Cauliflower & Grape Tomatoes Strawberries French Bread	17 Soft Shell Tacos w/Lettuce, Tomato & Cheese Refried Beans Mexican Rice Apple Slices Chex Mix	18 NO SCHOOL	19 NO SCHOOL
22 Chicken Nuggets Blend of Baked Sweet & White French Fries Carrot & Cucumber Chips Watermelon	23 Spaghetti Romaine & Carrot Salad Grape Tomatoes Orange Slices Garlic Bread Sticks	24 Hot Dog on Bun Fritos Broccoli & Cauliflower Apple Slices Cheese Popcorn	25 French Toast Sticks Sausage Patties Sweet Potato Puffs Grape Juice Trail Mix	26 Corn Dog Nuggets Chicken Noodle Soup Pepper Sticks Mixed Fruit Pretzel Rods

Our Savior Lutheran School admits students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded to students at the school.

Menu Subject to Change